



ReachNJ.gov

**Call ReachNJ for
addiction help.**

**Ask about Medication that
can Support Recovery.**

ReachNJ – 1-844-REACHNJ (732-2465)

ReachNJ is an addiction and treatment referral hotline that is answered 24 hours a day, 7 days a week by trained substance counselors familiar with the addiction treatment community in New Jersey. (Regardless of Insurance Status)

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Middlesex County

GET THE HELP YOU NEED TO RECOVER FROM ADDICTION.

People who overdose once are likely to overdose again, but appropriate addiction treatment can get you on the road to sustained recovery. The information in this brochure can help you get on that road to sustained recovery.

**Local County Alcoholism and
Drug Abuse Director**

Lori Dillon
(732) 745-4518



**State of New Jersey
Phil Murphy, Governor
Sheila Oliver, Lt. Governor**

**Department of Human Services
Sarah Adelman, Acting Commissioner**



Help That Can Save Your Life





Opioid Overdose Recovery Program (OORP)

The OORP responds to individuals who have been reversed from an opioid overdose. The program uses recovery specialists and patient navigators to provide assistance, support, and referral information. The recovery specialists and patient navigators will maintain follow up for up to 8 weeks after initial contact. Additionally, recovery coaches and patient navigators will deliver or link you to appropriate services and provide support and resources throughout the process.

Middlesex County Opioid Overdose Recovery Program

RWJBarnabas Health Institute for Prevention and Recovery: 732-914-3815

Telephone Recovery Support (TRS)

Peers provide weekly telephone recovery support calls to people seeking recovery from opioid addiction. Confidential, free information and support. Call 833-825-5877 (833-TALKTRS).

Opioid Overdose Prevention Program (OOPP)

The OOPP educates individuals at risk for an opioid overdose, their families, friends and loved ones to recognize an opiate overdose and to subsequently provide life-saving rescue measures to reverse the effects of an opioid overdose.

Central Region Opioid Overdose Prevention Program

Jersey Shore Healthcare: 732-988-8877

Support Team for Addiction Recovery (STAR)

The STAR program provides case management and recovery support services for individuals with opioid use disorders. Case managers will work with you to assist with issues that often come with an opioid abuse disorder, such as homelessness, incarceration, legal issues, employment, education, transportation, need for social services, health care, child welfare involvement, child care, health insurance and documentation. The program's recovery specialists will provide assistance and recovery support services. The goal is to help you remain in the recovery zone for as long as possible, help to reduce the risk of

recurring episodes of opioid-related problems and prevent future overdose.

Middlesex County Support Team for Addiction Recovery

RWJBarnabas Health Institute for Prevention and Recovery: 732-837-9401

Family Support Center (FSC)

The FSC will provide support to parents and family members of adults struggling with their loved one's opioid use disorder. The Center will offer parents and family members support, education, resources and advocacy in an environment that is safe and non-discriminatory. The goal is to provide compassionate support to empower parents and families to have a better quality of life, improve their psychological health, reduce levels of stress, feel less isolated and gain skills needed to cope with their loved one's opioid use disorder. Through the Center, families are taught self-protection along with non-confrontational skills to help empower their loved one to seek recovery.

Central Regional Family Support Center

Prevention Links: 732-381-4100, x107